

Troop 292 Winter Packing List

Equipment

- Backpack, and daypack for on the trail
- Scout handbook
- Headlamp (or flashlight) with fresh batteries and spare batteries
- Scout pocketknife
- Compass
- Matches (in a waterproof container)
- Water bottle, 1 qt., wide mouth (Nalgene or equivalent); with insulated sleeve.
(insulated sleeve can be made inexpensively from a piece of foam)
- Mess kit, utensils, cup (insulated travel mugs are handy)
- Small first aid kit
- Toothbrush/toothpaste, deodorant
- Tip: Pack clothes inside 2 gallon zip-lock bags so they stay dry inside your backpack

Optional:

- Hand/foot warmers
- Sunglasses
- Chap Stick

Sleeping Gear

- Sleeping Bag (winter bag, 10 degree rating or lower)
- Waterproof stuff sack to carry your sleeping bag (garbage bag will do the job)
- Sleeping Pad, closed cell foam or self-inflating preferred
- Wool / fleece hat to sleep in

Optional:

- Fleece liner (fleece sleeping bag; avail. at Sports Authority or elsewhere, approx \$20)
- Hand or foot warmers (for inside your sleeping bag)
- Extra blanket, fleece or wool

Clothing – NO COTTON!

Base layer

- Long underwear—non-cotton—top and bottom
- Sock liners to go under heavy socks (synthetic or silk, moisture wicking)
- Something warm to sleep in (non-cotton – light fleece is good)

Mid layer

- Wool, fleece, or synthetic long-sleeved shirt
- Fleece, wool, or synthetic sweater or pullover
- Wool, synthetic or blend pants (official Scout synthetic switchback pants are appropriate)
- Heavy socks—wool, smart wool, synthetic; moisture wicking. Bring 1 or 2 extra pairs.

Outer layer

- WARM winter jacket (waterproof); best if it has a hood for wind protection.
- Hat that covers your ears (plus a spare in case it gets wet). Wool or fleece; no Troop hats!
- Gloves or mittens (waterproof), plus 1 or 2 spare pairs. (Gloves inside mittens are warmest).
- Ski or snow pants (waterproof)
- WARM snow boots (waterproof and insulated) that you can hike in.

Optional:

- Face mask/scarf/neck warmer (wool, fleece)
- Glove liners
- Extra boots optional if they fit in your backpack

Don't Bring: Cotton clothes, sneakers or jeans!