

# TROOP 292 of HOOKSETT, NH



## TENDERFOOT 4D (First Aid Kit)

- 6 latex-free adhesive bandages in assorted sizes (Band-Aids)
- 2 sterile 3x3 inch gauze pads
- 1 small roll latex-free adhesive tape
- 1 3x6 inch piece of moleskin
- 1 small bar soap -OR- small bottle alcohol-based hand sanitizer
- 1 small tube triple antibiotic ointment (*optional*)
- 1 small tube hydrocortisone cream (*optional*)
- Scissors
- Tweezers
- Disposable latex-free gloves
- CPR breathing barrier
- Pencil & paper or small notebook