

Patrol Menu

PATROL NAME _____

DATE _____

CAMPOUT _____

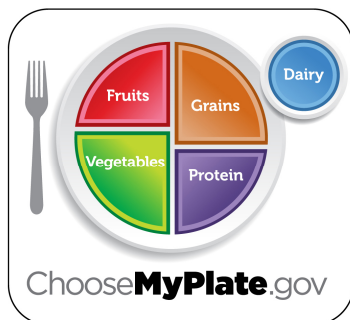
Friday Dinner / Cracker-barrel		
Meal Description:	Proteins:	
	Vegetables:	
	Fruits:	
	Grains:	
	Dairy:	

Saturday Breakfast		
Meal Description:	Proteins:	
	Vegetables:	
	Fruits:	
	Grains:	
	Dairy:	

Saturday Lunch		
Meal Description:	Proteins:	
	Vegetables:	
	Fruits:	
	Grains:	
	Dairy:	

Saturday Dinner		
Meal Description:	Proteins:	
	Vegetables:	
	Fruits:	
	Grains:	
	Dairy:	

Sunday Breakfast		
Meal Description:	Proteins:	
	Vegetables:	
	Fruits:	
	Grains:	
	Dairy:	



**** SHOP SMART AND PLAN YOUR MENU SO FOOD COST DOES NOT EXCEED \$10.00 PER PERSON ****

